

2026 PERFORMANCE LIST

Team Results

ICW Earlybird

Thursday August 27, 2026
Ashton XC Course, Iowa City
Sunny, 79 degrees
1st Place / 3 teams - 45pts

PV Spartan Challenge

Saturday September 5, 2026
Crow Creek Park, Bettendorf
Sunny, 84 degrees
7th Place / 15 teams - 217pts

Cedar Rapids Invite

Saturday September 10, 2026
Seminole Valley, Cedar Rapids
Sunny, 78 degrees
3rd Place / 14 teams - 85pts

Rim Rock HS Classic

Saturday September 26, 2026
Rim Rock Farm, Lawrence, KS
Light Rain, Muddy, 65 degrees
2nd Place / 30 teams - 112pts

MVC Super Meet

Thursday October 8, 2026
Irv Warren Golf Course, Waterloo
Sunny, 72 degrees
8th Place / 15 teams - 177pts

Up Next: MVC Divisional

Thursday October 15, 2026
Oak Ridge MS, Marion

Top Performances 2026

- | | |
|-------------------------------|-------------------------------|
| 1. Adrienne Hodge - 19:11.1 | 8. Mia Ahn - 22:40.0 |
| 2. Ava Twait - 19:58.3 | 9. Stella Udelhofen - 23:27.4 |
| 3. Jessie Blount - 20:14.8 | 10. Camille Ford - 23:31.3 |
| 4. Savannah Mathias - 21:02.9 | 11. Emery O'Brien - 24:29.5 |
| 5. Carly Moreau - 21:22.5 | 12. Jorie Negus - 25:26 |
| 6. Susanna Olson - 21:53.4 | 13. Eliza Harris - 27:28.6 |
| 7. Bethany Bird - 21:54.2 | |

Individual Results

Mia Ahn - Jr.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				21:40.4
8/20/26	2 Mile Time Trial	-	-	-
8/27/26	ICW Earlybird Invitational	9	20	24:43.0
9/5/26	PV Spartan Challenge	7	18th JV	24:06.0
9/10/26	CR Invitational	8	6th JV	23:09.5
10/8/26	MVC Super Meet	7	21st JV	22:40.0

2026 PERFORMANCE LIST

Bethany Bird - Fr.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				21:54.2
8/20/26	2 Mile Time Trial	6	6	14:23.00
8/27/26	ICW Earlybird Invitational	6	13	23:03.00
9/5/26	PV Spartan Challenge	5	64	23:00.00
9/10/26	CR Invitational	7	46	22:20.30
9/26/26	Rim Rock HS Classic	4	57	23:11.49
10/8/26	MVC Super Meet	4	65	21:54.20

Jessie Blount - So.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				20:14.8
8/20/26	2 Mile Time Trial	5	5	13:54.00
8/27/26	ICW Earlybird Invitational	2	2	20:59.00
9/5/26	PV Spartan Challenge	-	-	-
9/10/26	CR Invitational	3	15	20:14.80
9/26/26	Rim Rock HS Classic	3	11	21:17.65
10/8/26	MVC Super Meet	3	30	20:24.30

Camille Ford - Fr.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				23:31.3
8/20/26	2 Mile Time Trial	7	7	15:41.0
8/27/26	ICW Earlybird Invitational	8	19	24:38.0
9/5/26	PV Spartan Challenge	9	87	25:18.0
9/10/26	CR Invitational	9	21st JV	24:27.6
10/8/26	MVC Super Meet	9	34th JV	23:31.3

Eliza Harris - Fr.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				27:28.6
8/20/26	2 Mile Time Trial	-	-	-
8/27/26	ICW Earlybird Invitational	-	-	-
9/5/26	PV Spartan Challenge	12	74th 9/10	30:09
9/10/26	CR Invitational	11	60th JV	27:28.6

2026 PERFORMANCE LIST

Adrienne Hodge - So.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				19:11.10
8/20/26	2 Mile Time Trial	1	1	12:36.00
8/27/26	ICW Earlybird Invitational	1	1	20:25.00
9/5/26	PV Spartan Challenge	2	28	21:01.00
9/10/26	CR Invitational	1	11	19:53.50
9/26/26	Rim Rock HS Classic	1	3	20:15.23
10/8/26	MVC Super Meet	1	7	19:11.10

Savannah Mathias - Jr.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				21:02.90
8/20/26	2 Mile Time Trial	3	3	12:51.00
8/27/26	ICW Earlybird Invitational	4	5	21:17.00
9/5/26	PV Spartan Challenge	3	47	21:45.00
9/10/26	CR Invitational	4	22	21:02.90
9/26/26	Rim Rock HS Classic	5	59	23:13.40
10/8/26	MVC Super Meet	5	68	22:18.30

Carly Moreau - So.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				21:15.3
8/20/26	2 Mile Time Trial	4	4	13:30
8/27/26	ICW Earlybird Invitational	5	12	22:14
9/5/26	PV Spartan Challenge	4	51	21:59
9/10/26	CR Invitational	5	30	21:22.5

Jorie Negus - Fr.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				25:26.0
8/20/26	2 Mile Time Trial	8	8	15:58
8/27/26	ICW Earlybird Invitational	10	22	25:26
9/5/26	PV Spartan Challenge	9	39th 9/10	26:05

2026 PERFORMANCE LIST

Emery O'Brien - So.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				24:29.5
8/20/26	2 Mile Time Trial	9	9	17:35.0
8/27/26	ICW Earlybird Invitational	11	27	26:56.0
9/5/26	PV Spartan Challenge	11	70th 9/10	29:37.0
9/10/26	CR Invitational	10	28th JV	25:15.2
10/8/26	MVC Super Meet	10	43rd JV	24:29.5

Susanna Olson - Sr.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				19:50.90
8/20/26	2 Mile Time Trial	-	-	-
8/27/26	ICW Earlybird Invitational	7	14	23:25.00
9/5/26	PV Spartan Challenge	6	67	23:17.00
9/10/26	CR Invitational	6	39	21:53.40
9/26/26	Rim Rock HS Classic	6	60	23:15.99
10/8/26	MVC Super Meet	6	72	22:27.20

Ava Twait - So.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				19:58.3
8/20/26	2 Mile Time Trial	2	2	12:40
8/27/26	ICW Earlybird Invitational	3	3	21:03
9/5/26	PV Spartan Challenge	1	27	20:55
9/10/26	CR Invitational	2	14	20:12.7
9/26/26	Rim Rock HS Classic	2	10	21:09.18
10/8/26	MVC Super Meet	2	17	19:58.3

Stella Udelhofen - Fr.

Date	Meet	Team Finish	Overall Finish	Time
PERSONAL BEST				23:27.40
8/20/26	2 Mile Time Trial	10	10	17:39.00
8/27/26	ICW Earlybird Invitational	12	29	27:18.00
9/5/26	PV Spartan Challenge	10	missing results	28:04.00
9/10/26	CR Invitational	12	69th JV	28:19.20
10/8/26	MVC Super Meet	8	32nd JV	23:27.40